

Danesholme Junior Academy - PE Curriculum Journey Map (2023/24)

Year Group	Concepts / NC Aims	PE Pillars of Progression (Ofsted, 2022)	Autumn		Spring		Summer		National Age-Related Expectations EYFS ELGs / NC Attainment Targets	
			Term 1	Term 2	Term 3	Term 4	Term 5	Term 6		
3	Develop competence to excel in a broad range of physical activities. Are physically active for sustained periods of time.	<div style="display: flex; flex-direction: column; align-items: center;"> <div style="border: 2px solid red; padding: 5px; margin-bottom: 10px;">↑</div> <div style="border: 2px solid red; padding: 5px; margin-bottom: 10px;">↑</div> <div style="border: 2px solid red; padding: 5px;">↑</div> </div>	Invasion games (Football)	Invasion games (Handball)	Dance	Gymnastics	Athletics	Striking and fielding (Rounders)	<p>Pupils should continue to apply and develop a broader range of skills, learning how to use them in different ways and to link them to make actions and sequences of movement.</p> <p>They should enjoy communicating, collaborating and competing with each other.</p> <p>They should develop an understanding of how to improve in different physical activities and sports and learn how to evaluate and recognise their own success.</p> <p>Swimming and water safety Swim competently, confidently and proficiently over a distance of at least 25 metres Use a range of strokes effectively [for example, front crawl, backstroke and breaststroke] Perform safe self-rescue in different water-based situations.</p>	
			OAA	Invasion games (Tag rugby)	Invasion games (Basketball)	Net games (Tennis)	Striking and fielding (Cricket)	OAA		
4	Engage in competitive sports and activities. Lead healthy, active lives.		Invasion games (Football)	Invasion games (Handball)	Dance	Gymnastics	Athletics	Striking and fielding (Rounders)		
			OAA	Invasion games (Tag rugby)	Invasion games (Basketball)	Net games (Tennis)	Striking and fielding (Cricket)	OAA		
5			Invasion games (Flag football)	Circuit training	Dance	Gymnastics	Athletics	Striking and fielding (Rounders)		
			OAA	Invasion games (Hockey)	Invasion games (Netball)	Net games (Tennis)	Striking and fielding (Cricket)	OAA		
6			Invasion games (Flag football)	Circuit training	Dance	Gymnastics	Athletics	Striking and fielding (Rounders)		
			OAA	Invasion games (Hockey)	Invasion games (Netball)	Net games (Tennis)	Striking and fielding (Cricket)	OAA		
KS3 AIMS	<p>Pupils should build on and embed the physical development and skills learned in key stages 1 and 2, become more competent, confident and expert in their techniques, and apply them across different sports and physical activities.</p> <p>They should understand what makes a performance effective and how to apply these principles to their own and others' work.</p> <p>They should develop the confidence and interest to get involved in exercise, sports and activities out of school and in later life, and understand and apply the long-term health benefits of physical activity.</p>							<p>Swimming provision – Each Year 4 child will receive 9 x (1 hour) swimming sessions over the academic year.</p> <p>- Each Year 6 child will receive 6 x (1 hour) swimming sessions this includes top up swimming</p>		

PPA to be taught by LM Academy